



MOTORCYCLE AWARENESS PROGRAM

**Produced by A.B.A.T.E. of Illinois, Inc.
Safety & Education Department**

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Revised 2010**

GUIDELINES

COMMUNICATION TO SCHOOLS OR OTHER FACILITIES

1. Send a letter to the school or facility. Address to the Driver's Ed. Teacher, Principal, or instructor.
2. Call the School or facility for follow up.
3. Set up the dates and times you will be presenting our Motorcycle Awareness Program.
4. Ask if the School or Facility has a VCR or DVD player you will be able to use during your presentation.
5. Call the day before your scheduled appointment to confirm your appointment.
6. Send a Thank You letter following your presentation thanking them for allowing you to present this program and letting them know you look forward to working with them in the future.

APPEARANCE IN SCHOOL OR FACILITY

1. Honor what the school or facility asks.
2. NO HATS worn in schools or facility.
3. NO FOUL LANGUAGE.
4. NO derogatory, torn, or foul clothing.
5. Be respectful.
6. Follow School or facility policy.

PREPARATION

1. Be on time.
2. Have all of your materials (Quiz, Pens, Key Fobs, and Posters etc.).
3. Have all of you props with you.
4. Be prepared.
5. Set up the next date and time before you leave.
6. Turn in reports to the State Safety & Education Coordinator.

INTRODUCTION

Good morning, good afternoon or good evening.

Thank the Instructor for having you as part of their program.

Introduce yourself. (Your Name)

Tell the audience what chapter you are with, A.B.A.T.E. of Illinois, Inc.

Does anyone know what A.B.A.T.E. stands for?

Does anyone know why I'm here today?

Introduce the Motorcycle Awareness Program.

This presentation was developed from materials supplied by: The Motorcycle Safety Foundation (MSF), Illinois Department of Transportation (IDOT), National Highway Traffic Safety Administration (NHTSA), The Motorcycle Safety Awareness Program of Greater Illinois, ABATE of Iowa and the Safety & Education Department of A.B.A.T.E. of Illinois, Inc.

This is an Awareness Program NOT a riding Course!

Hand out the **Drive Aware We're Out There!** (Tri-fold) This handout covers a lot of the information you will cover in your presentation and more. Ask the students to read it carefully.

Statistics: Read some of the information listed on your statistics sheet.

Drinking, Driving and Riding DO NOT mix!

Look Twice Save a Life!

Safety is the Key!

Classroom Participation

What are some reasons people ride motorcycles?

Cool, Fun, Challenging, Cost effective, Fuel efficient, Easy to park.

What are some differences between cars and motorcycles?

Examples:

1. Motorcycles are smaller.
2. Motorcyclists have less protection because they are exposed to the elements.
3. Motorcycles are harder to see.
4. Motorcycles only have two wheels (so balance is very important).
5. Motorcycles have two separate brakes (hand and foot controlled).
6. Motorcycles have fewer lights and they must be on at all times.
7. Motorcyclists are more vulnerable to the forces of wind and rain.
8. Motorcycles have no doors.
9. Motorcycles have handlebars instead of a steering wheel.
10. Motorcycles have a throttle and foot shifter.
11. Motorcycles can have only one passenger (passenger must have a seat and foot pegs by law).
12. Motorcycles don't have a spare tire.

VIDEO I would like to show a 9-minute video called "Motorcycle Awareness by A.B.A.T.E. when the video is over, I have a quiz for you to take.

ATV and Off Road motorcycles are becoming more popular. Please respect your neighbors, don't ride at odd hours. Check with your neighbors when riding. Water your trails in dry weather. Obey park or trail rules. Give right of way to bicyclists, hikers and horses. Use common sense riding habits.

Safety Gear: Discuss in depth so that your audience understands.

Pick two pairs (boy girl) give them a scenario; have them dress for the ride. For fun dress a student or even the teacher.

Gear: Boots, Pants, Long sleeve shirt, Eye protection, Gloves (full finger preferred) Leather coat (provides a second layer of skin), Leather pants (Even on warm days-saves from road rash), Rainy Day-Rain Gear(also added protection), Helmet, Electric gear is also available for those who ride all year round, it plugs into motorcycle.

Fabric tests: At 50mph denim will tear away in 4 feet, Kevlar in 18 feet and heavy leather in 86 feet.

Helmets: When choosing a helmet it needs to be the proper size and fit for each person. It should be a Department of Transportation approved helmet. Some states require a helmet with the Federal Motor Vehicle Safety Standard 218. They are looking at the foam on the inside of the helmet for certain standards. A helmet is good or certified for one impact and one impact only. If it is dropped by accident or in an accident, you need to have it checked and/or replaced.

Ask if anyone knows what I.P.D.E. stands for?

I – Identify Potential Conflicts – Search and Scan works with Identify.

P- Predict Possible Hazards

D- Decide on a Course of Action

E- Execute your Decision

Cycle Rider Safety Training Program (Tri-fold)

Here is the information concerning the IDOT Rider Training Program for anyone interested. This course is open to any licensed driver 16 years of age or older. This course is FREE, but requires a \$20 deposit to reserve a spot. This is refunded upon request after completion and passing the course. In 2009 IDOT trained 16,701 motorcyclists through its' Cycle Rider Safety Training Program.

Blind Spots-

Everybody has a blind spot in each eye. Which is one reason drivers kill or cripple thousands of people on motorcycles every year. And yet, your eyes aren't the only places with blind spots. Because you're used to looking for cars – and don't expect a motorcycle – you may not see it even with its headlight on. And even if you do see it, you can't tell how far away it really is because a motorcycle is so much smaller than a car.















So look for motorcycles before you pull out. Then don't believe yourself, Stop. As if a motorcycle were already there, look again. Because when you least expect it, it will be. Start seeing motorcycles, before you see them in your sleep.

Answers to the quiz are: 1-D, 2-D, 3-D, 4-B use DOT theory insert, 5-C, 6-A, 7-A, 8-D, 9-B, 10-C left, right, left. Hence "Look twice save a life."

Please discuss the hand signals for communicating while riding your motorcycle with the students. Explain why we use these to communicate.

Thank the students and the Drivers Ed. Instructor for their participation.

Hand Signals

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| <p>Stop - arm extended straight down, palm facing back</p>  | <p>Single File - arm and index finger extended straight up</p>  | <p>Turn Signal On - open and close hand with fingers and thumb extended</p>  |
| <p>Slow Down - arm extended straight out, palm facing down</p>  | <p>Double File - arm with index and middle finger extended straight up</p>  | <p>Fuel - arm out to side pointing to tank with finger extended</p>  |
| <p>Speed Up - arm extended straight out, palm facing up</p>  | <p>Hazard in Roadway - on the right, point with right foot; on the left, point with left hand</p>  | <p>Refreshment Stop - fingers closed, thumb to mouth</p>  |
| <p>You Lead/Change - arm extended upward 45 degrees, palm forward pointing with index finger; swing in arc from back to front</p>  | <p>Highbeam - tap on top of helmet with open palm down</p>  | <p>Comfort Stop - forearm extended, fist clenched with short up and down motion</p>  |
| <p>Follow Me - arm extended straight up from shoulder, palm forward</p>  | <p>Pull Off - arm positioned as for right turn, forearm swing toward shoulder</p>  | |